

AMENDMENTS

In the Claims

Claims 1-20. (Cancelled)

21. (Amended) A method for performing an arthroscopic surgery using a hollow braided suture, said suture having an outer cylindrical wall and a lumen extending therethrough, said suture further comprising a free proximal end portion, ~~a loop, and~~ a standing end portion, and a loop formed by a length of suture being threaded coaxially through the lumen of said standing portion. said method comprising:

providing said suture comprising said loop formed by a length of suture being coaxially threaded through the lumen of said standing portion;

selecting a tissue to move;

inserting a cannula through a patient's skin;

attaching the suture loop to the tissue;

moving the tissue by pulling on the free proximal end portion of the suture after said step of attaching the suture to the tissue, said suture extending through said cannula;

~~wherein said loop is formed by threading a length of suture through the lumen of said standing end portion, and~~ wherein said step of attaching the suture to the tissue comprises pulling on said free proximal end portion until said tissue is securely locked by said loop.

22. (Previously presented) The method of claim 21 wherein said tissue is a ligament.

23. (Previously presented) The method of claim 22 wherein said surgery is a rotator cuff surgery.

24. (Previously presented) The method of claim 21 comprising forming the loop through a surgically-created opening in said tissue.

25. (Previously presented) The method of claim 21 comprising forming said loop through a first tissue and a second tissue, and moving at least one of said first and second tissues towards one another.

26. (Previously presented) The method of claim 21 wherein the attaching step is performed after the step of inserting.

27. (Previously presented) The method of claim 21 wherein said standing end portion comprises an expanded configuration allowing the diameter of the loop to be adjusted.

28. (Previously presented) The method of claim 21 wherein said standing end portion comprises a compressed configuration when said free proximal end is pulled, whereby said suture becomes locked on said tissue.

29. (Previously presented) The method of claim 21 comprising cutting a portion of the suture following said step of moving.